

Timetable from 31/08/2021

Time	Class
Monday	
06.00 - 07.15pm	Yoga Beginner
Tuesday	
06.00 - 06.45pm	Group Exercise
06.00 - 07.15pm	Yoga Gentle
Wednesday	
09.00 - 10.15am	Yoga Beginner
07.30 - 08.45pm	Yoga Beginner
Thursday	
05.15 - 06.00pm	Group Core Strengthening
06.30 - 08.00pm	Yoga General
Friday	
09.00 - 10.30am	Yoga General
Saturday	
09.00 - 10.30am	Yoga General
Sunday	

<u>Prices</u> – Individual Class \$20 (\$15 Concession) / 10 Class Pack * \$170 / 3 Class Weekly Pack \$40 / 2 Class Weekly Pack \$30 / 1 Month Unlimited Pack \$200.

Please note that our timetable is subject to change from time to time. The most up-to-date timetable is available via the MindBody App or on our website.

^{*} The 10-class pack can be used for all classes and can be used as and when you can attend. You don't need to book 10 consecutive classes. The 10 Class Pack is valid for 12 months from the date of purchase.